

# SWEETWATER PROGRAM REPORT

## OFFICE CAREERS TRAINING

SEPTEMBER–NOVEMBER 2018



W Y O M I N G



### A SENSE OF ACHIEVEMENT

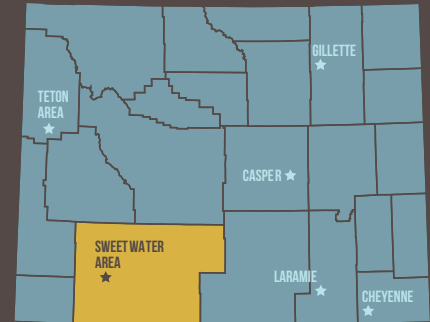
“The women in this training often felt like they were learning an entirely new vocabulary to prepare for administrative careers. They worked hard to stretch their learning in other new ways, too, with exercises in mindfulness and focus, even in the face of life’s distractions.

**“Now I am a powerful, confident and fearless single mom. Now I can be successful, and now my children can be proud to call me mom.”**

— **Aubrey, Program Participant**

The program’s mental health services and individualized support were extremely beneficial for them. Many said Climb felt like the first time they’ve experienced a real sense of achievement in life.”

— **Brittany Gray, Sweetwater Program Director**



**10 MOMS & 22 CHILDREN** served in the program



### TRAINING DESCRIPTION:

In partnership with Western Wyoming Community College, training included Microsoft® Office, QuickBooks® and basic bookkeeping, SAP Software, customer service, cyber security, and more.

### LIFE SKILLS CLASSES:

- Parenting
- Conflict Resolution
- Boundaries
- Nutrition
- Budgeting/Finances



### CURRENT EMPLOYER PARTNERS:

- Genesis Alkali
- Tata Chemicals
- Western Wyoming Beverages

— Restoring Hope for Generations